

Campbell Icefield Chalet

Information for Groups and Individuals at our Lodge

**Please read this information about our Lodge.
It will make your week run smoothly and be more enjoyable**

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Welcome to Campbell Icefield Chalet

We hope you enjoy your stay in our lodge. A lot of thought, planning and loving care has gone into its planning and construction. Please take good care of our lodge and leave it as clean and as bright as you found it upon arrival.

At staging you will have to sign waivers and can assist in loading the helicopter under the supervision of the base manager. The base manager will delegate some more experienced guests to assist in loading and unloading the helicopter.

Enjoy one of the most spectacular flights in Canada!

Upon arrival at the lodge the group leaving and the custodian will do all the unloading and loading of skis, personal gear, and food. Exit the helicopter toward the lodge and stay low. You may walk toward the lodge as unloading proceeds. **DO NOT** assist in unloading and loading! It is organized and done by the group leaving.

Once the helicopter has left, transport all gear to the lodge using the sled supplied. Place the personal gear inside the lodge upon the rubber matted floor and benches. Food can be placed temporarily in the entrance porch and then moved into the cool storage room and freezer containers in the porch as you become more settled.

You may use boots on the rubber covered floor but to go upstairs or into the lounge area, use only cabin shoes or slippers. With slippers on, you may take your personal gear up to your room. Ski boots should remain in the entrance area on shelves or under boot benches. Boot liners may go to the drying room along with jackets, mitts, skins etc.

The custodian will outline the features of the lodge. The custodian manages the lodge systems, sauna, outside snow packing and weather recording.

The custodian is not a guide. They may be able to give you some local information but all ski safety decision making is the responsibility of the group leader(s)

Lodge Information

The main floor consists of a kitchen, dining and lounge and 'boots on' area. Please use slippers or cabin shoes in all areas including the upper floors. Ski boots can be put on in the entrance area with rubber flooring mat.

There are many coat hooks near the entrance. Boots for the outhouse and sauna may be kept near the door on the shelves or under benches with ski boots.

- There is a sink with running water near the entrance door for your use after trips to the outhouse .It is supplied with liquid soap and paper towels (on your purchase list).
- The indoor toilet upstairs also has a sink in it with soap and paper towels.
- We use paper towels as they can be discarded after use and burnt in the wood stove
- The waste basket is lined with a brown paper bag. Compress the waste paper and when the bag is full, place it in the stove for immediate burning
- Hygiene is critical in the close environment of a lodge so let's keep the sinks clean!
- The second floor has sleeping rooms, an indoor flush toilet and a drying room
- The top floor has sleeping rooms and lodge equipment storage rooms.
- With the electrical system please use only the light switches or plug-ins. The custodian will manage the other controls
- In the kitchen please keep things clean. There are three garbage containers one for wet and one for dry material and one for paper burnable items. When they are full tie up the bag and place it in the garbage cans in the porch for flying out on Saturday
- The protocol for dish washing is:
 1. Scrape all dishes to remove excess food
 2. Wash them with soap in the first sink
 3. Have very hot water with about 1 oz. of bleach in the second sink to rinse the soap off then place the dishes in the racks to drip dry.
- Please assist the custodian in packing the heli-pads and all trails. Custodian will outline the snow management plan. Trails should be packed a ski length wide to facilitate the gear sled. Steps to the entrance, outhouse and sauna need to be shoveled as needed
- Any wood chopping must be done outside. The mechanical splitter may be used in the porch
- Stay clear of the marked areas to the sides of the lodge (roof avalanches!)
- Cleanup on departure day is a big job. Have several people involved; 6 or more are needed to do a good job. The custodian will supervise the clean -up.
- On Saturday morning the custodian will organize the departure and delegate several of the more experienced members to assist in the loading and unloading.

FIRE IS OUR BIGGEST WORRY. Ensure that you know where **the fire extinguishers** are located. There is also **a garden hose and connection** on each floor. The location of the fire escapes and hoses are posted at the top of the stairs on each floor as well as by the radio on the main floor.

Make sure the smoke detectors are working, do not take out the batteries, even if they annoy you when they go off accidentally.

Please do not use candles anywhere! In the case of power outages, please use your headlamp or flashlight.

Please adhere to the **smoking ban** inside the building.

Make sure there is nothing on top or above the propane heaters or wood stove. All surfaces get extremely hot. Gloves put on top of the propane heaters either melt or can catch fire. **Never hang anything above the stoves.** When leaving the lodge for the day damp down the wood stove.

Never burn large amounts of cardboard in the stoves. The heat generated can damage the stoves and cause the chimneys to overheat.

Sauna and Showers

The Sauna is about 35 meters NE of the lodge and will be one of the highlights of your stay. It consists of a wood heated sauna with a capacity of 5 and a changing room with 2 showers.

- Water is heated in a large container on top of the sauna stove with a hose in the changing room to draw the hot water for showers.
- The sauna should be lit about 1 hour prior to use to adequately heat both the sauna room and the shower water. Before lighting the sauna stove fill the water container at least half full. The custodian usually will light the sauna but you may also do so.
- There is a pail of fire starter sawdust mix on the porch with the wood. Use a bit of the starter and the stove should start easily with selected dry wood.
- Monitor the sauna heater frequently during warm-up to ensure it has adequate wood or does not heat excessively.

Enjoy the sauna!

- For the shower; remove a bucket from the stall (snap link) and take it to the mat with the hot water hose on the sauna wall.
 1. Raise the bucket up to the hose level,
 2. Place the hose into the bucket opening,
 3. Lower the bucket while holding the hose in the bucket opening until hot water flows,
 4. When the bucket is about ½ full, raise the bucket with the hose in it until the water stops flowing. The bungee cord will return the hose to a position where it will not leak
 5. Release the hose and add cold water to the bucket as is needed to give you the right temperature.
- The last group in the sauna must close the air intake (damper) on the heater to prevent excessive heat. They then can remove any mats from the shower stalls and place them on the sauna benches. (Absolutely NOT on the railing around the stove)
- If any water has been spilled in the changing area, please remove the cedar floor mats and mop it up. Light floor moisture under the cedar mats will evaporate if the inner sauna door is left open overnight
- Wet boot liners gloves etc. can be dried in the sauna overnight. Make sure the temperature is not too hot as it may melt some plastics

- Turn the light out close the outer door and enjoy a beer in the lodge!

Skiing Terrain

Welcome to some of the best skiing terrain in western Canada!

On your first day we ask that everyone takes the time to have an avalanche transceiver practice. As this time it is also important to collectively discuss the current avalanche hazard reports and assess the terrain to choose safe slopes.

Remember the greatest hazards in back-country skiing are avalanches. So far we have had no serious avalanche incidents at the lodge. We hope you will make safe route decisions for the week.

Remember the custodian is not a guide. They may give you direction on routes but the safety decision to ski any route is up to the group.

- The slopes north of the lodge are generally safe except after major snowfalls. They are beautiful moderate slopes which run right to the front door
- South and East of the lodge are many runs facing away from the sun and are usually excellent powder skiing. These slopes are mixed with some very steep and rarely skied but also many gentler slopes with relative safety.
- South of the lodge is the Bluewater Glacier. It is a gentle run of over 2 km length and 1700 ft drop. The glacier is relatively safe but does have some major crevasses which are easy to avoid in good visibility. Best mid to late season- a spectacular run.
- 2 km East is the saddle - the safest route to the Campbell Icefield which offers some of our most spectacular runs on slopes and glaciers. The Icefield is relatively crevasse free and easily negotiated in good visibility.
- Below the lodge is a mature forest which has dozens of great tree runs for stormy or low visibility days.
- To the North West lie Mount Alan Campbell and East peak -both are exciting ski ascents with long runs.
- There are literally dozens of other great runs which offer superb skiing from the lodge.
- We get an average of 2.5 to 3.5 Meters of snow at the lodge and 3 to 5 on the surrounding glaciers.
- Because of the great snow depth the skiing is good into May.

Radio Procedure

The chalet is equipped with a base radio on our frequency. Please note that one other lodge also uses our repeater system. We also have a base radio at Golden on our frequency, which is manned 24 hours a day. The radio is normally on 24 hrs. a day.

Radio communication is normally done by the Custodian or an experienced group leader.

The radio has 8 channels programmed into it.

The repeater is Channel # 1 (1 CIC-REP).

If you are communicating with a portable radio in our area, please go to Channel # 2 (**CIC-SIM**) This is simplex and will enable you to talk without using the repeater. The upper right keys with arrows, changes the channel. If you use any other channel (emergency only), make sure you return the set to Channel # 1 when finished.

Using the radio is simple. Turn the set on by pressing the ON button located on the bottom right. Ensure the digital readout is 1 CIC-REP for the repeater channel. Depress the key on the microphone and speak into the microphone. Release the key as soon as you stop speaking, so the other party can transmit back.

If the radio is too loud or not loud enough, adjust the volume by pressing the UP or DOWN key located on the upper left.

We expect a daily call at Campbell Base at 6 PM from either the custodian or the group leader. This is to ensure that there are no problems or to pass on any messages.

Standard radio protocol for opening a conversation is to call the receiving station first, then identify your station (for example. "Campbell Base" or "Campbell Chalet")

Channel # 1	CIC-REP	Our repeater.
Channel # 2	2CIC-SIM	Our frequency without the repeater
Channel # 3	3GAH-REP	Golden Alpine Holidays repeater (emergency only)
Channel # 4	4GAH-SIM	Golden Alpine Holidays without the repeater
Channel # 5	5ALPINE	Alpine Helicopters
Channel # 6	6CHC	Canadian Helicopters
Channel # 7	7LPS-REP	Repeater to contact the local lumber Co. (emerg. only)
Channel # 8	8GCH	Repeaters for Great Canadian Heli-skiing (emerg. only)

Our frequency is: 155.025. (simplex)

The repeater frequencies are:

Receive 155.025

Transmit 159.855

Campbell Icefield Emergency Plan

In case of emergency, immediately notify the custodian.

All self-guided groups must have a guide or leader who can act with rapid decisive action in case of an emergency.

We have on site, a rescue toboggan, two avalanche probes, a backboard, an emergency pack as well as a first aid kit and a two way radio, which is located in the custodian cabin.

In case of an emergency, the leader must decide if outside help is required or if those in the group can handle the emergency. If it can be handled by the group, it will be faster and more cost effective.

If it is complex or beyond the capability of those present, outside help is required.

To call for outside help, immediately call the base station in Golden or Alpine Helicopters. These calls can be made on the radio supplied, on Channel One.

The leader will describe the emergency, its nature and the exact location, to the Base station or the Helicopter management.

Personnel will be sent out to the site as soon as possible to manage the emergency.

The group leader must remain on Channel One until the problem is resolved.

A written report must be given to the Campbell Icefield Chalet Ltd. immediately after the emergency has been handled to completion.

The custodian has a comprehensive Emergency Response procedure with contact numbers etc. They will immediately contact our base in Golden if outside assistance is needed.