



What We Have and What To Bring

The Chalet

- 9 bedrooms with sleeping space for 22 people. Pillows provided but bring a pillowcase and bottom sheet. Pillowcase, sheets, and a duvet can be rented for \$25.00 plus 5% GST.
- The kitchen is fully equipped; 2 stoves w/ ovens, dishes and utensils.
- Wood stove heating and a separate sauna building with 2 shower stalls.
- An indoor toilet for nighttime use.
- Electrical outlets for charging devices.
- Two guitars and various board games.
- Chalet base radio
- Rescue toboggan & backboard

For groups with small children

- Please contact us to discuss what's available at the chalet for small children.

Items for you to bring:

- Sleeping bag, bottom sheet, pillowcase and towel and a bottom sheet.
- Indoor slippers or runners
- Headlamp / Flashlight.

Please limit your luggage to 40 lbs. per person (not including skis, boots and food). Your personal gear should fit in 1 medium size soft sided duffel and a day pack. No extra large hockey duffels or suitcases with wheels. Please keep ice axes, hiking poles and bear spray separate. Food and beverages should be packed in liquor boxes with your name on them and taped shut.

Backcountry Skills, Knowledge and Preparation for Self Guided Self Catered Groups

Mountain environments are hazardous, and all mountain activities have varying degrees of risk and uncertainty. It is important that you be aware of the level of risk associated with your trip and the backcountry activities you are participating in. We encourage you to review the "Assumption of Risks" portion of the Waiver. Please have all group members review the information in this document.

Link to waiver

We encourage all group members to review safety information with the following links:

<https://avysavvy.avalanche.ca/en-ca>
[Avalanche Canada.](#)

SUGESTED SUMMER HIKING GEAR LIST

Summer day-hiking list includes a 15 to 30-liter daypack, moisture-wicking synthetic or merino wool layers, sturdy trail shoes, sun protection (SPF 30+ and sunglasses), a water bottle, extra high-energy snacks, a compact first-aid kit, and the standard emergency "10 Essentials."

Clothing & Footwear

- **Base Layer:** Short or long-sleeve moisture-wicking shirt (avoid cotton)
- **Bottoms:** Lightweight hiking pants, convertible pants, or durable shorts
- **Outer Layer:** Waterproof, breathable rain jacket
- **Insulation:** Lightweight fleece or packable down/synthetic jacket for chilly summits
- **Footwear:** Broken-in hiking boots or trail running shoes
- **Socks:** Merino wool or synthetic anti-blister hiking socks
- **Accessories:** Wide-brim sun hat, ball cap, or neck gaiter

Gear & Hydration

- **Daypack:** 15L to 30L capacity pack
- **Hydration:** Water bottles or a hydration bladder (at least 2 liters total capacity)
- **Water Treatment:** Portable filter, purifier pump, or backup tablets
- **Trekking Poles:** Optional for joint stability on steep descents

Safety & The 10 Essentials

- **Navigation:** Downloaded offline trail maps on your phone, backup power bank, compass
- **Illumination:** Headlamp with fresh batteries
- **First Aid:** Bandages, blister treatment, pain relievers, and personal medications
- **Repair & Fire:** Multi-tool or knife, waterproof matches or a mini lighter
- **Sun & Bug Protection:** Broad-spectrum sunscreen, SPF lip balm, and insect repellent
- **Emergency Shelter:** Lightweight emergency bivy or emergency foil blanket
- **Signaling:** Emergency whistle
- **Nutrition:** High-protein snacks and extra food calories
- **Local Wildlife Safety:** Bear spray

SUGESTED SKI TOURING GEAR LIST

Technical Clothing

- Waterproof jacket – lightweight and breathable
- Softshell jacket – mid weight wind/snow resistant jacket
- Softshell trousers/Mountain pants
- Waterproof over trousers – preferably with 3/4 or full length side zips
- Spare lightweight insulated jacket – lightweight synthetic/down jacket
- Wicking thermal top
- Thermal leggings – base layer ‘long johns’, light or mid weight
- Ski socks
- Thin inner gloves
- Warm ski gloves – or mittens
- Warm hat

Personal Items

- Water container – at least 1 litre, or a vacuum flask
- Personal medications and blister kit
- Ski goggles
- Sun glasses
- Sun screen and lip balm
- Emergency whistle
- High-protein snacks and extra food calories

Technical Equipment

- Backpack – 25/35L for day tours
- Ski boots
- Skis with touring bindings
- Velcro ski strap
- Ski poles
- Climbing skins
- Metal snow shovel – (plastic blades don’t work in avalanche debris!)
- Avalanche probe
- Avalanche transceiver
- Ski helmet – lightweight ski touring or backcountry model